State reminding schools about summer food programs

State education officials are putting the word out about free and nutritious food available for children of low income families during the summer.

In a news release, the Illinois State Board of Education is reminding school administrators to make sure students and their families know about the meals and snacks that will be offered at more than 1,700 food service program sites around Illinois this summer.

In a statement, the Illinois State Board of Education says children up to the age of 18 can go to these sites at parks, recreation centers, churches and other spots for free meals and snacks. Also, people 18 and older enrolled in programs for persons with disabilities can also participate in the program.